



**edwards and ward**  
a recipe for success

Edwards & Ward are delighted to provide fresh, nutritious and healthy lunches to the pupils at your school. We are an award winning caterer specialising in education and we have built our reputation on fresh food prepared on site by staff who care about what they do.



look out  
for special  
theme days



Our yummy fruit Yoghurts are Yeo Valley from Somerset and are totally ORGANIC  
All of the milk we use is fresh + ORGANIC



Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

Did you know that we only use organic, red tractor or farm assured meat in all our schools.



All of our fish is MSC Certified to encourage sustainable fishing practices.



**Dietary and Allergen advice**

If your child has been advised by their GP or Health Care Professional to either follow a special diet or to avoid certain foods containing any of the "identified" allergens as per Food Information for Consumers Regs. 2014, then please contact your Child's school and our Special Diet and Allergen help line on

**01934 615616**

**Contact Us**

We will be delighted to hear from you,

**01934 615616**

**www.edwardsandward.co.uk**

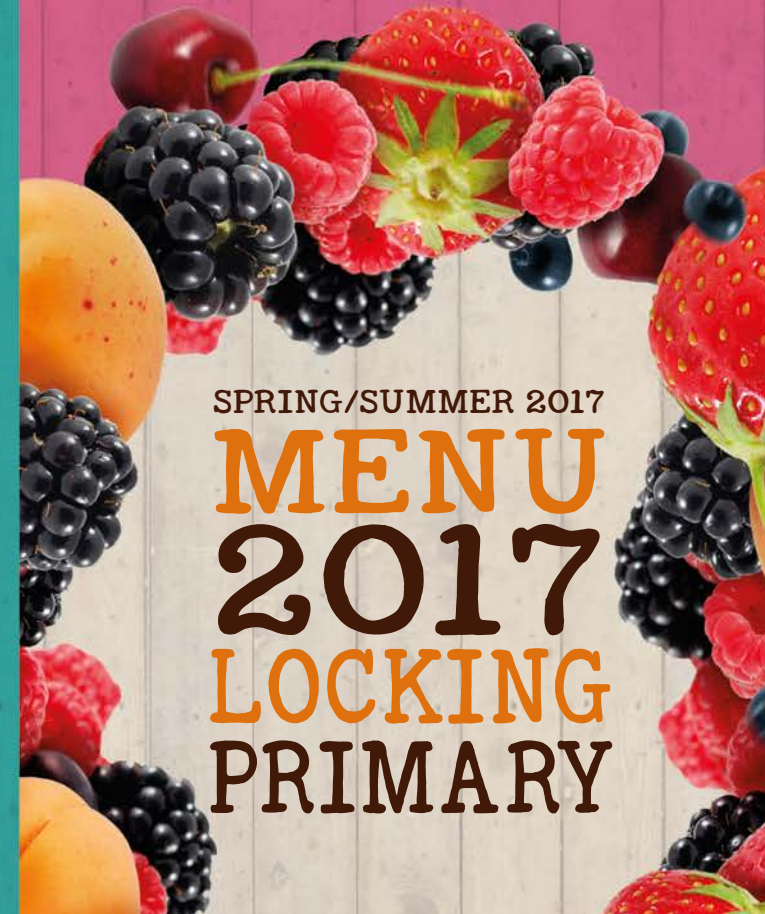
**Free School Meals are you entitled?**

It is easy to claim  
please contact the school office.

please note menus subject to change due to unforeseen circumstances



*Smile*  
food that makes you happy



SPRING/SUMMER 2017

**MENU**  
**2017**  
**LOCKING**  
**PRIMARY**



# Week 1

20/02/17, 13/03/17, 03/04/17, 08/05/17,  
05/06/17, 26/06/17, 17/07/17



# Week 2

27/02/17, 20/03/17, 24/04/17, 15/05/17,  
12/06/17, 03/07/17



# Week 3

06/03/17, 27/03/17, 01/05/17, 22/05/17,  
19/06/17, 10/07/17

MONDAY

Organic Beef Bolognese  
Or  
Salad Counter  
Cheese / Tuna

Pasta (ww), Roasted Vegetables & Salad Bar Selection

Vanilla Ice Cream

MONDAY

TUESDAY

Pork Chipolatas  
Or  
Cauliflower Cheese

Mashed Potato, Spring Greens & Carrots  
Chocolate Sponge with Chocolate Sauce

TUESDAY

WEDNESDAY

Chicken Breast and Gravy  
Or  
Spanish Omelette

Potatoes, Broccoli & Sweetcorn  
Orange Jelly & Mandarins

WEDNESDAY

THURSDAY

Roast Gammon  
Or  
Chick Pea Stir Fry with Egg Noodles

Fondant Potatoes, Green Beans & Cauliflower  
Fruity Crunch Crumble with Coconut Sauce

THURSDAY

FRIDAY

Battered Fish  
Or  
Sweet Potato & Spinach Whirl

Chips, Peas, Baked Beans  
Fruit Flapjack

FRIDAY

Ham and Macaroni Cheese Bake  
Or  
Vegetable Bolognese  
Pasta, Green Beans & Baked Tomato  
Yogurt and Fresh Cut Fruit

MONDAY

Beef Burger in a Bun  
Or  
Country Bake

Oven Baked Jacket Wedges, Coleslaw & Broccoli  
Strawberry Jelly with Peach slices

TUESDAY

Cheese and Tomato Pizza  
Or  
Red Onion and Cheese Quiche

Jacket Potato/Potato Salad, Sweetcorn & Salad  
Selection (Tomato / Cucumber)  
Iced Carrot Cake

WEDNESDAY

Roast Pork  
Or  
Mexican Vegetable Wrap

Potatoes, Carrots & Cauliflower  
Caramelised Apple Crumble

THURSDAY

Battered Fish  
Or  
Salad Counter  
Mixed Bean Pate

Chips, Peas & Baked Beans  
Iced Bun

FRIDAY

Sweet Tomato Pasta Bake  
Or  
Roasted Vegetables & Sweet Corn Pizza  
Garlic Infused Bread, Salad Bar Selection & Coleslaw  
Pear & Chocolate Sponge

Chicken Meatballs in a Tomato Sauce  
Or  
Vegetable & Lentil Curry  
Freshly baked Whole grain Bread Herb Focaccia  
50/50 / Rice, Green Beans & Cauliflower  
Strawberry Mousse

Cottage Pie  
Or  
Veggie Hot Dog  
Mashed Potato, Sweetcorn &  
Oven Baked Courgettes  
Mandarin Cheesecake

Roast Gammon  
Or  
Stir Fried Noodle & Crispy Vegetables  
Roast Potatoes, Broccoli & Carrots  
Dutch Apple Strudel

Breaded Fish/Fish Finger  
Or  
Salad Counter  
Mixed Beans  
Chips, Baked Beans & Garden Peas  
Chocolate & Beetroot Brownie

FRESH  
HEALTHY  
TASTY

We use locally  
sourced ingredients  
when available  
and in season



Served Daily – Freshly baked bread, Freshly sliced fruit,  
yogurts and fresh drinking water.

Bread/Pasta/Potato is offered with the Salad Selection

Smile food that makes you happy

Suitable for Vegetarians