



edwards and ward
a recipe for success

Edwards & Ward are delighted to provide fresh, nutritious and healthy lunches to the pupils at your school. We are an award winning caterer specialising in education and we have built our reputation on fresh food prepared on site by staff who care about what they do.



look out
for special
theme days



Our yummy fruit Yoghurts are Yeo Valley from Somerset and are totally ORGANIC
ALL of the milk we use is fresh + ORGANIC

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

Did you know that we only use organic, red tractor or farm assured meat in all our schools.



All of our fish is MSC Certified to encourage sustainable fishing practices.



Dietary and Allergen advice

If your child has been advised by their GP or Health Care Professional to either follow a special diet or to avoid certain foods containing any of the "identified" allergens as per Food Information for Consumers Regs. 2014, then please contact your Child's school and our Special Diet and Allergen help line on

01934 615616

Contact Us

We will be delighted to hear from you,
01934 615616
www.edwardsandward.co.uk

Free School Meals are you entitled?

It is easy to claim
please contact the school office.

please note menus subject to change due to unforeseen circumstances



Smile
food that makes you happy



AUTUMN/WINTER 2016
MENU
2016
NORTH
SOMERSET

Week 1

29/08/2016, 19/09/2016, 10/10/2016, 07/11/2016
28/11/2016, 02/01/2017, 23/01/2017



Week 2

05/09/2016, 26/09/2016, 17/10/2016, 14/11/2016
05/12/2016, 09/01/2017, 30/01/2017



Week 3

12/09/2016, 03/10/2016, 31/10/2016, 21/11/2016
12/12/2016, 16/01/2017, 06/02/2017

MONDAY

Beef Bolognaise
Or
Quorn Paella
Or
Chicken Mayonnaise Jacket Potato
Pasta, Roasted Root Vegetables &
NEW Salad Bar Selection
Strawberry Mousse

MONDAY

TUESDAY

Roast Gammon
Or
Quorn Shepherd's Pie with Celeriac Mash
Or
Salmon and Sweetcorn Pizza
Potatoes, Broccoli & Carrots
Chocolate and Pear Sponge with Custard

TUESDAY

WEDNESDAY

Chicken and Leek Puff Pie
Or
Lentil Roast
Or
Roasted Vegetable Sub Roll
Minted Scraped New Potatoes, Medley Vegetables
& Mashed Swede
Fruit Flapjack

WEDNESDAY

THURSDAY

Roast Beef with Gravy
Or
Vegetable Lasagne
Or
Egg Mayonnaise Salad
Roast Potatoes, Green Beans & Cauliflower
Bread and Butter Pudding (Apricot) with Custard

THURSDAY

FRIDAY

Fish Fingers
Or
Macaroni Cheese
Or
Roast Gammon and Rice Salad
Chips, NEW Salad Bar, Baked Beans
St Clements Sponge with Custard

FRIDAY

FRESH
HEALTHY
TASTY



MONDAY

All Day Breakfast (Bacon, Sausage)
Or
Vegetarian All Day Breakfast
Or
Tuna Mayonnaise Salad
Chunks of Home Baked Bread, Baked Beans
& Baked Tomato
Yogurt and Fruit



TUESDAY

Roasted Gammon
Or
Spinach and Mushroom Lasagne
Or
Vegetable Sausage Pizza
New Potatoes with Parsley, Carrots & Broccoli
Strawberry Jelly with Peach slices

WEDNESDAY

Cheese and Tomato Pizza
Or
Mexican Vegetable Burrito
Or
Gammon and Cous Cous Salad
Herby Couscous, Coleslaw & Salad Selection
(Tomato/Cucumber)
Banana Custard

We use locally
sourced ingredients
when available
and in season

THURSDAY

Roast Turkey with Gravy
Or
Vegetable and Lentil Curry
Or
Bombay Vegetables with Crusty Bread
Potatoes, Green Beans & Carrots
Chocolate Sponge with Chocolate Sauce

FRIDAY

Battered Fish
Or
Cheese Pinwheels
Or
Turkey Salad with Chips
Chips, Peas & Sweetcorn
Vanilla Iced Shortcake



Served Daily – Freshly baked bread, Freshly sliced fruit,
yogurts and fresh drinking water.

Smile food that makes you happy

Suitable for Vegetarians