

Off to a Flying Start

Join us for this free 8 week course which includes practical ideas, recipes and games to help you encourage your children to eat well, move more and get off to the best start in life

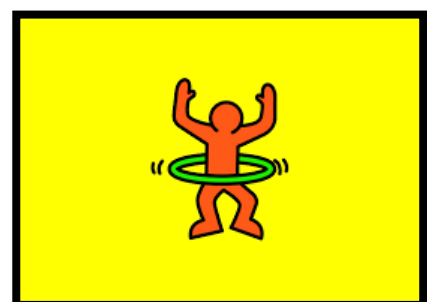
The course is for families who have children aged 1 to 5 years and a crèche is provided



Where: Milton and Old Worle Children's Centre, Mendip Avenue, Worle, Weston-super-Mare, BS22 6HN

When: Tuesdays, 9.30 – 11.30am from 31 January 2017

Contact: Hayley on 01934 426 355 or 07769 163939



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